

# Charlottesville Catholic School Specialist Newsletter

#### **Important Upcoming Reminders**

Back-to-School Night - We will be available to meet Middle School Parents on 9/6. We will also be available to parents in the library on 9/7 (Elementary). Please feel free to come say hello!

Art Club - Mrs. Devlin is offering Art Club for the fall semester to students in grades 4-8. If your student is interested in participating, please email Mrs. Devlin before Friday, September 9th. Fees and descriptions of clubs are listed in the 9/1 email from Administration.

#### Library - Jennifer Furin/ j.furin@cvillecatholic.org



Welcome back students and parents! I'm Jennifer Furin and I am really excited about my newest position here at CCS. I will be teaching library skills and the love of literature to the CCS community! For this first quarter, K-1st graders will focus on book care, back to school books and how to navigate the library. Students learn that their library books "live" in their backpacks, when they are not in the

library so that they are always ready for their next library class. Kindergarten has library on Thursday and Friday. First grade visits on Monday and Thursday.

Second-5th graders will be given reading levels after Maps testing. This will help them pick out good books for their individual reading level. We will also focus on library skills, including how to search, find a book and how to successfully check out. Let's have a great year together!

2nd grade: Monday/Thursday

3rd grade: Tuesday

4th grade: Friday

5th grade: Monday

Middle school students will receive a "Welcome back to the library " refresher course as

they visit the library.

### Physical Education - Andrew Frazier a.frazier@cvillecatholic.org

Happy new school year!

My name is Andrew Frazier and this is my third year with the CCS community! This year is super exciting for us all. We have incorporated athletics 'as normal' and this speeds up my day-to-day routines quite a bit. We currently do not have attendance limitations for sporting events and we currently do not have COVID protocol to follow other than encouraging safe and healthy choices when in large crowds together. As the PE teacher, I see k-8 weekly and 3-8 two times per week. Following my days as the PE teacher, I assume the role of Athletic Director and ensure our athletic teams are practicing, playing, and equipped with their needs to have successful seasons. Truthfully, this role is often times more time consuming than my day-to-day as the PE teacher. I am super thankful for our families and our volunteers as you all support and help guide our athletic seasons. Additionally, I arrange the schedules, the officials, budget the individual sports, and maintain our playing surfaces. Yes - You will often see me on the mower, throw a wave or give a honk!

As you read through our newsletter each month, I will have brief summaries of our grade levels and their activities in PE broken down by k-2, 3-5, and 6-8. Additionally, I will summarize any important athletic information.

- K-2: Learning and reviewing the basics of physical movements. Understanding boundaries, basic fitness movements, and directional cues.
- 3-5: Review basic fitness games to ensure understanding and ability to perform 'Instant Activities' as soon as they arrive to class. Introducing new fitness games to add to the 'Instant Activity' pool. The biggest change for this group is taken by the 5th graders, as they now dress out for PE and have to change in and out of uniform on their PE days. We are also stressing the importance of "warming up" and Stretching.
- 6-8: Reviewing 'Instant Activity' ideas that can be implemented as a group. Talking about proper "warm ups" and stretching. We are preparing for our first unit after labor day, Fitness Testing. "Fitness assessments are a series of tests that measure and monitor students' physical fitness level. The series of tests assess the five components of physical fitness that make up total fitness: cardiovascular endurance, muscular strength, muscular endurance, flexibility, and body composition." It is important we start the year to find our beginning levels and test again in the end to find out how we have developed. The ultimate outcome desired is goal setting and establishing personal bests.

Athletics: We are starting our fall season which consists of Volleyball, Boys Soccer, and Cross country. All sports have a full schedule and anticipate their first contests beginning after Labor Day. Our students and their families have missed this part of our

great culture and we are excited to be back with the privilege and honor of competing in athletics and being able to welcome all friends, family, and fans! Go Archangels!!!

#### Art - Vanessa Devlin v.devlin@cvillecatholic.org @ccsarchangelsarts

Hello!

My name is Vanessa Devlin, this is my 10th year teaching at CCS, the sixth after I returned from a hiatus while I stayed home with my young children. Both of my children now attend CCS and I couldn't be luckier than to work in the same school they attend. I am continuing to use a choice-based approach to curriculum delivery, utilizing inquiry based learning.

Students have been learning how to access and maintain the Drawing station over the past two weeks. We have been exploring the questions "What is an Artist? What does an Artist do? And What do Artists draw?" As we all become comfortable with the Drawing Station, we will open up the other stations rather quickly since many of them will remember the procedures from last year and will be ready to jump right in. Students will maintain a working sketchbook in class, which will document their learning as we go through the year. If you are curious about the research behind Choice-Based Art Rooms, you might like to check out the work by the Harvard Project Zero group and published works by Lois Hetland, Ellen Winner and Shirley Veenema. Here is a link to a great video introducing the 8 Studio Habits of Mind, which will be emphasized throughout the year. What does an artist do? - the 8 studio habits of mind for elementary students

Please be on the lookout for emails from <u>Artsonia</u> - our online student portfolio and fundraising partner. Artsonia.com provides our school with a wonderful opportunity to support the arts through purchasing gifts personalized with your child's art AND creates a fabulous gallery of their art which can be shared with family and friends near and far.

Here are some photos from the Art Room (if you want more, more often, please follow me on Instagram <u>@ccsarchangelsarts</u>) Enjoy!



#### Music - Kate Wisbey k.wisbey@cvillecatholic.org

My name is Kate Wisbey. This is my first year teaching at CCS, but I have been teaching music for years, both privately in my own music business, teaching private piano and voice lessons, as well as teaching music for the past four years at a local private elementary school. I am from Eliot, Maine originally and have been in Charlottesville, Virginia for the past 7 years. I went to college for my BA in Choral Music Education at Christopher Newport University and graduated in 2012. I have experience with all ages, working on Norwegian Cruise line as a youth counselor, Disneyworld, and worked in a variety of schools both locally and in New England. I am very excited to be singing and playing with all our amazing students this year!

I look forward to all the musical adventures to come. We started off the year with a fun musical scavenger hunt, rhythm name games and drum circles as well as began to learn how to use the Orff instruments in the classroom, from glockenspiels, bass xylophones and more! I see our K-5th grade students twice a week and our 6-8th grade students once a week. Our K-5th grade students are getting experience not just with a general music class, but also working on songs for masses each week.

Our K-2nd graders have been using different instruments and beats to learn rhythms and exploring low and high pitches as well as pitch matching, while our 3-5th graders have been learning rhythmic patterns, and beginning to play and explore the Orff instruments from xylophones to our unpitched percussion instruments. We have explored and talked about the different categories each instrument would be in and how to identify the sounds.

With our 6-8th graders, we began the year with some fun drumming games and did some fun rhythmic games, started our Orff instrument ensemble and how to play each instrument, as well as the names of all the instruments. We have also begun our musical middle school electives, from choir to music improvisation class. In chorus, we are beginning to work on songs for the Veteran's day ceremony, as well as Christmas concert and in music improvisation, we are learning the parts of a song and how to create a melody, as well as rhythmic pattern. I look forward to making music with you all this year!

Musically yours, Ms. Wisbey







## Spanish - Jasmine Osteen j.osteen@cvillecatholic.org

#### ¡Hola!

My name is Jasmine Osteen and this is my second year teaching at CCS, and my fourth year teaching overall. I have taught Spanish in grades 2nd - 8th grade and English as a second language in grades preK - 6th. I am so excited to now be teaching 3rd, 4th, 5th, 6th, 7th and 8th grade! I teach 3rd-6th once a week as a special/elective and then I see 7th and 8th grade each day as a high school credit class.

In 3rd - 6th grade we spent the first two weeks of class reviewing material from last year such as family members, adjectives, feelings, the calendar, and more! Next week we are going to begin new material. This semester we will progress though the following units:

- 1. All about me
  - a. Likes/dislikes
  - b. Hobbies
  - c. Appearance
- 2. My family

- a. Family vocab
- b. Ages
- c. Pets
- 3. My house
  - a. Rooms
  - b. Furniture
  - c. Colors
- 4. My school
  - a. Classes
  - b. School supplies
  - c. Activities

We will also discuss important hispanic cultural events such as Hispanic Heritage Month, Day of the Dead and Christmas.

I look forward to seeing these wonderful students grow and learn!